

All sessions will be led by **Kent Solberg**, *Livestock and Grazing Specialist* with the Sustainable Farming Association of Minnesota. Illinois graziers will also be present to provide context for each session.

**THURSDAY,
DECEMBER 3, 2020**

90 Minutes - Zoom

The WHY: *What is Regenerative Grazing?*

- Practice: what is it and how does it differ from continuous grazing
- Exploring multiple benefits: environment, soil health, profitability, and producer goals

**THURSDAY,
DECEMBER 10, 2020**

60 Minutes - Zoom

Ask Me Anything! The WHY.

**TUESDAY,
DECEMBER 15, 2020**

90 Minutes - Zoom

The HOW: *The Nuts and Bolts of Regenerative Grazing on the Farm*

- The tools: paddocks, fencing, and water
- Forage basics: diversity and nutrition
- Grazing cover crops

**THURSDAY,
DECEMBER 17, 2020**

60 Minutes - Zoom

Ask Me Anything! The HOW.

**THURSDAY,
JANUARY 7, 2021**

90 Minutes - Zoom

Putting It Into Practice: *Building a Regenerative Grazing Program for Farmers*

- Addressing common questions from producers
- How to respond to, "it won't work here, because..."
- Tips for supporting producers

**THURSDAY,
JANUARY 14, 2021**

90 Minutes - Zoom

Ask Me Anything! Putting It Into Practice.

SPRING 2021 TBA

Optional - \$15

Regenerative Grazing Field Day